

coop deals

JUL 19 - AUG 1, 2023

serve frozen

SMOOTH AND SILKY

The sunshine-filled days spent outdoors are always made better with great people and frozen treats. Find some shade and cool off with Talenti's gelato — on sale at the co-op!



2/\$9

Talenti
Gelato or Sorbetto
1 pt., selected varieties



5/\$5

Brown Cow
Cream Top
Yogurt
5.3 oz., selected
varieties



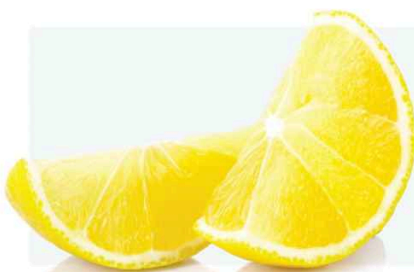
2/\$4

Santa Cruz
Organic
Lemonade or
Limeade
32 fl. oz., selected
varieties



2/\$5

Chocolove
Chocolate Bars
2.9-3.2 oz., selected
varieties



Savor the sweet summer with delicious treats.

Shop the co-op for cool deals.



3.29
Organic Valley
Grassmilk Half & Half
1 pt.



4.69
Organic Valley
Half & Half
32 fl. oz., selected varieties



Take a break with a refreshing beverage.
Here's to summer.



2/\$4
Olipop
Sparkling Tonic
12 fl. oz., selected
varieties



2/\$5
Brew Dr.
Organic
Kombucha
14 fl. oz., selected
varieties



3.79
Blue Diamond
Almondmilk
64 fl. oz., selected varieties



3.99
ithaca
lemon garlic
hummus
10 oz., selected varieties



4.49
Upton's Naturals
Seitan
8 oz., selected varieties

Enjoy a cool beverage from the co-op.



3/\$9

Rebbl Organic Elixir
12 fl. oz., selected varieties



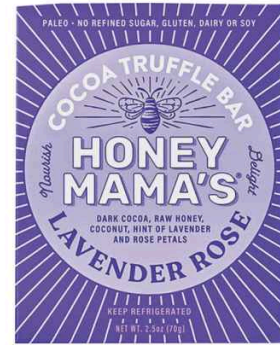
1.59

Forager Project Organic Cashewmilk Yogurt
5.3 oz., selected varieties



2/\$5

Kevita Organic Sparkling Probiotic Drink
15.2 fl. oz., selected varieties



3.99

Honey Mama's Cocoa Truffle Bar
2.5 oz., selected varieties



4.99

Silk Soymilk Yogurt
24 oz., selected varieties



10.99

Organic Prairie Beef Summer Sausage
12 oz., selected varieties



discover Wallaby

Wallaby is deliciously different — inspired by Australia and made with premium organic ingredients. Refreshingly mild, yet wildly flavorful. Discover Wallaby for yourself with Aussie Greek Style Yogurt!

6.49

Wallaby Organic Greek Yogurt
32 oz., selected varieties



6.49

Beyond Meat Beyond Sausage
14 oz., selected varieties

Shop for breakfast essentials at the co-op.



4.99

Food For Life Organic Ezekiel 4:9 Bread
24 oz., selected varieties



2/\$8

Cascadian Farm Organic Frozen Fruit
8-10 oz., selected varieties



America's favorite organic ice cream

Alden's is committed to making products irresistible for all, offering a wide variety of dairy and dairy-free frozen desserts.

2/\$10

Alden's Organic Frozen Novelties
9-14 fl. oz., selected varieties



The co-op has ingredients for summer.
Great meals begin here.



thoughtfully crafted deliciousness

We believe in nourishing people and the planet. And we are proud to use our brand as a force for good.

2/\$10

So Delicious Dairy-free Frozen Dessert
1 pt., selected varieties



2/\$9

Gardein Plant-based Proteins
9-13.7 oz., selected varieties



11.99

Wyman's Frozen Organic Wild Blueberries
3 lb.

Stock up on sweet treats at the co-op.



2/\$6

Annie's Homegrown Organic Mac & Cheese
6 oz., selected varieties

authentic Greek olives

Mediterranean organic olives are rich, fruity and full of flavor. They are grown on small family farms, hand selected and naturally cured directly from Greece.



3.99

Mediterranean Organic Olives

8.1-8.5 oz., selected varieties



6.49

Sweetleaf Stevia Sweetener Drops
2 fl. oz., selected varieties



Make a pasta salad for hot summer days.

Find new summer recipes at grocery.coop.



8.99

Field Day Creamy or Crunchy Almond Butter
16 oz., selected varieties



2.99

Wild Planet Skipjack Tuna

5 oz., selected varieties



14.99

Spectrum Organic Extra Virgin Mediterranean Olive Oil
33.8 fl. oz.



13.49

Field Day Organic Olive Oil
1 liter

Find pantry staples on sale at the co-op.

Some items may not be available at all stores or on the same days

Shop Inclusive Trade

inclusive trade

This summer, stop by your co-op and find incredible deals on Inclusive Trade brands. We're pleased to offer great deals on brands and products that are woman-, Black-, Indigenous-, people of color-(POC), LGBTQIA+-, persons with disabilities- and veteran-owned.

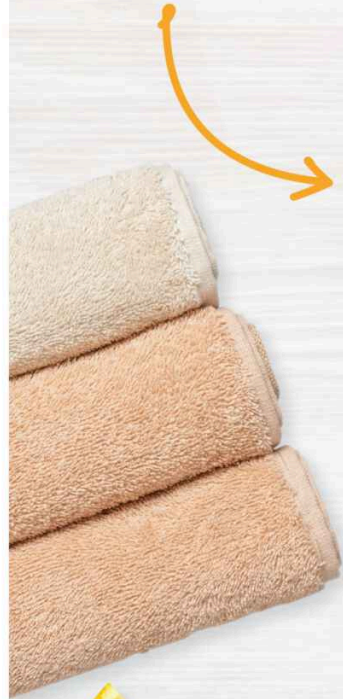


INCLUSIVE TRADE PARTNER

Bela Seafood is a Veteran-owned company that has been sourcing tinned fish from Portugal for generations. Our products are packed by hand using traditional methods.

2/\$6

Bela
Canned Sardines or Mackerel
4.25 oz., selected varieties



INCLUSIVE TRADE PARTNER

ECOS is a woman-owned company that believes everyone has a right to a healthy home. For more than 50 years we've innovated new ways to live cleaner, creating cleaning products that protect the health and wellness of people, pets and the planet.

13.99

EcOS
Laundry Detergent
100 fl. oz., selected varieties



INCLUSIVE TRADE PARTNER

Chickpea is a woman-owned company providing nutritious, convenient family meal options. Using organic chickpeas and lentils, we make pasta that the whole family will enjoy.

2/\$7

Chickpea
Organic Chickpea & Lentil Pasta
5.7-8 oz., selected varieties



INCLUSIVE TRADE PARTNER

Alaffia is a Black-owned company on a mission to invest in a more equitable future. Our projects enable Togolese communities to provide their skills and knowledge to the rest of the world.

9.79

Alaffia
Everyday Shea Body Lotion
32 fl. oz., selected varieties



INCLUSIVE TRADE PARTNER

Caulipower is a woman-owned company started by a mom of two children with celiac disease, inspired by the desire for delicious and gluten-free options.

6.99

Caulipower
Cauliflower Crust Pizza
10.9-11.6 oz., selected varieties



Find Inclusive Trade brands at the co-op.

The co-op supports Inclusive Trade.



2.29

Vita Coco
Coconut Water
16.9 fl. oz., selected
varieties



2/\$6

Boulder Canyon
Potato Chips
5.25-6.5 oz., selected varieties



5.49

Zevia
Zero Calorie Soda
6 pk.-12 fl. oz. cans, selected
varieties



4.99

Waterloo
Sparkling Water
12 pk.-12 fl. oz. cans, selected
varieties

time to play

PREPARE FOR FUN

What's better than a day at the park, complete with beverages and snacks for everyone? Shop the co-op for everything you need for a fun day playing outside, to sustain your energy, stay hydrated, and enjoy the company of others.



The co-op has all your snacks and beverages.



2/\$5
Garden Of Eatin'
Tortilla Chips
5.5 oz., selected varieties



2/\$3
Epic
Snack Strips
.8 oz., selected varieties



2/\$6
Barbara's
Cheese Puffs
5.5-7 oz., selected varieties



2/\$5
Guru
Organic Energy
Drink
12 fl. oz., selected
varieties



2/\$6
Divine Chocolate
Chocolate Bars
3 oz., selected varieties



4.49
Pamela's
Graham Crackers
6.25-7.5 oz., selected
varieties



5.49
Organic Valley
Uncured
Pepperoni Slices
5 oz.



2/\$7
Quinn
Pretzel Nuggets
5-7 oz., selected varieties



2/\$7
Lily's
Chocolate Bar
2.8-3 oz., selected varieties



Shop for what you're craving at the co-op.



2/\$4

Earth's Best
Organic Yogurt Smoothie
Pouch
4.2 oz., selected varieties



3.49

Lakewood
Organic Lemon or
Lime Juice
12.5 fl. oz., selected
varieties



2/\$5

Blue Diamond
Almondmilk
32 fl. oz., selected varieties



3.99

Barbara's
Organic Cereal
9-15 oz., selected
varieties



3.99

Milkadamia
Macadamia Milk
32 fl. oz., selected
varieties



100% real, 100% delicious.



At Larabar, we believe real life calls for real ingredients. That's why all Larabars are made with a simple blend of two to nine real ingredients, are gluten free and non-GMO. Find your flavor today!

4/\$6

Larabar
Fruit and Nut Bar
1.6-1.7 oz., selected varieties



3.99

Bob's Red Mill
Old Country Style Muesli
18 oz.

Delicious options for everyone are at the co-op.



3.79
World Centric
Compostable 9"
Plates
20 ct.



3.39
Dr. Tung's
Smart Floss
30 yd.



4.99
Andalou Naturals
Shampoo or
Conditioner
11.5 fl. oz., selected
varieties



5.39
Acure
Brightening
Facial Scrub
4 fl. oz.



6.99
Bach
Rescue Remedy
Pastilles
35 ct., selected varieties



8.29
Jarrow Formulas
Methyl B-12
1,000 mcg
100 ct.



11.29
Natural Factors
DGL
Chewable Tablets
90 ct.



12.99
Solaray
Magnesium
Glycinate 350 mg
120 ct.



14.79
Navitas Organics
Acai Powder
4 oz.



healthy and tasty

Kind has delicious options for every occasion during the day and for the whole family.

2/\$10

Kind Healthy Grains
Granola & Clusters, or
Breakfast Bars
11 oz. or 6-1.76 oz., selected varieties



33.49
Vital Proteins
Unflavored Collagen
Peptides
20 oz.

The co-op helps you feel great all summer.

Shop for fresh, delicious, local food at a co-op near you.

ALASKA

Co-op Market Grocery & Deli

ARIZONA

Food Conspiracy Co-op

CALIFORNIA

BriarPatch Food Co-op

Chico Natural Foods Cooperative

Co-opportunity Market

Davis Food Co-op

Feather River Food Co-op

Isla Vista Food Co-op

North Coast Co-op

Ocean Beach People's Organic Food Co-op

Sacramento Natural Foods Co-op

SLO Food Co-op

Ukiah Natural Foods Co-op

IDAHO

Boise Co-op

Moscow Food Co-op

MONTANA

Community Food Co-op

OREGON

Alberta Cooperative Grocery

Ashland Food Co-op

Astoria Co+op

First Alternative Co-op

Food Front Cooperative Grocery

Medford Food Co-op

People's Food Co-op

WASHINGTON

Central Co-op

Community Food Co-op

Main Market Co-op

Olympia Food Co-op

Orcas Food Co-op

Skagit Valley Food Co-op

Sno-Isle Natural Foods Co-op

The Food Co-op



to find a food co-op near you, visit us online at: grocery.coop

creamy organic bliss



At Cosmic Bliss, we searched the universe for the best ingredients and found them right here on Earth. The results are light years beyond other ice creams!



2/\$10

Cosmic Bliss Organic Frozen Dessert
14 fl. oz., selected varieties

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.



Co-ops are committed to fostering inclusive communities, promoting brands that are women-, BIPOC-, LGBTQ- and veteran-owned.

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